

# HELEN S. DUNN SCHOOL



December 23, 2020

## RE: COVID-19 POSITIVE CASE

This letter is to inform you that a staff member or student at the Helen S Dunn School has tested positive for COVID-19. I was notified today at approximately 11:00 AM. Our school district has taken steps to follow Maine CDC and DOE guidelines to notify staff and students as appropriate. I believe it best to share what we can with our entire community. Here are some details:

The person who tested positive was last in contact with school on Friday, December 18, 2020. Students in sixth grade are currently in quarantine along with staff members who had recent close contact. Those in quarantine will return back to school on Monday, January 4, 2021 so long as they are still asymptomatic and have not tested positive.

All other staff and students are expected to return back to school on Monday, January 4, 2021 after vacation and the school will be cleaned and sanitized.

COVID-19 is a respiratory illness that ranges from mild to severe. It can be more severe in adults 60 years and older and in those with underlying health conditions. The virus mainly spreads when an infected person coughs or sneezes and an uninfected person breathes in the virus. Signs and symptoms include:

- fever / chills
- cough
- shortness of breath / difficulty breathing
- fatigue
- muscle / body aches
- new loss of taste / smell
- congestion / runny nose
- nausea / vomiting
- diarrhea
- sore throat or headache

*“Where pride and excellence are demonstrated daily”*

Gwen Smith, Superintendent & Principal  
Lori Webber, Special Ed. Director  
Barbara Ouellette, Administrative Assistant  
Alan Brownell, Athletic Director  
Megan Cornwell, Guidance Counselor

129 Military Road, Greenbush, Maine 04418  
Phone: 826-2000  
Fax: 826-2001

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Please keep in mind that many things can cause respiratory illness, so students and staff should be up-to-date on influenza and routine vaccinations.

Maine CDC recommends prevention measures to help control the spread of COVID-19. These measures include proper handwashing with soap and warm water, which is especially important after using the bathroom, before / after eating, after blowing your nose, coughing, or sneezing. When soap and water are not available, use an alcohol-based hand sanitizer with at least 60% alcohol. Avoid touching your eyes, nose, and mouth with unwashed hands and avoid close contact with people who are sick. Cover your cough or sneeze into a tissue, then throw the tissue in the trash. Clean and disinfect frequently touched surfaces and objects using a regular household cleaning spray or wipe.

General questions regarding COVID-19 can be answered by calling 1-866-811-5695. You can also text your zip code to 898-211, email [info@211maine.org](mailto:info@211maine.org) or call your primary care provider. More information can be found at [www.maine.gov/dhhs/coronavirus](http://www.maine.gov/dhhs/coronavirus) or [www.cdc.gov/coronavirus](http://www.cdc.gov/coronavirus).

Questions for the school can be directed to the Superintendent's Office by calling 826-2000 or directed to the school nurse, Mrs. Mandy Blessard, at the school.

Stay Safe,

Mrs. Gwen Smith  
Superintendent & Building Administrator

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