

Does Your Wellness Policy Measure Up?

Local Wellness Policy Triennial Assessment

A local school wellness policy is a written plan that includes methods to promote student health and wellness. This optional assessment form can be used to complete the policy assessment, which must be conducted at least once every three years. The required components of the assessment include:

- I. Compliance with the local school wellness policy;
- II. How the local school wellness policy compares to model local school wellness policies; and
- III. Progress made in attaining the goals of the local school wellness policy.

General Information				
District Name: Greenbush Public Schools				
Names of schools included in this assessment: Helen S. Dunn School				
Date: April 15, 2025				
The local wellness policy can be found online: https://hsdgreenbush.org/wp-content/uploads/2019/04/JL-Student-Wellness.pdf				
Leadership				
	Yes	No	NOTES	
Does the policy identify at least one school official with the authority and responsibility to ensure that each school within the district complies with the policy?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<i>Superintendent (Gwen Smith) or District Administrator Designee</i>	
Public Involvement & Notification				
	Yes	No	In Progress	NOTES
Does the policy allow parents, students, school food Service workers, Teachers of Physical Education, School Health Professionals, School Administrators, School Board	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<i>(Insert names of Wellness Committee Members)</i> Parent: Kristin Shorey

Members, and the General Public to participate in its development, implementation, and evaluation?				Student: Payton Massee School Food Service: Rhonda Brown Physical Education Teacher: Alan Brownwell School Health Professional: Breigh Arbo School Administrator: Gail Madden School Board Member: NA Guidance Counselor: currently vacant Health Teacher: Hannah Dore
The public is informed annually about the policy's content and implementation and the progress made towards meeting the goals.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	The triennial is posted to the school's website; school nutrition updates are provided to the Board as requested.
Assessment: Enter the goals from the LWP below. Indicate if they are being met, partially met, or not being met. Use the 'notes' section to indicate how the goals are being met and additional work that is needed.				
Nutrition Education Goals:	Meet	Partially Meet	Do Not Meet	NOTES
<i>Expose students to new fruits and vegetables.</i>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Fresh Fruit and Vegetable Program
<i>Allow students to assess favorites among vegetables.</i>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	March Madness for Vegetables
<i>Allow students to assess favorites among vegetables.</i>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	March Madness for Fruits
Nutrition Promotion Goals:	Meet	Partially Meet	Do Not Meet	NOTES
<i>Create a Vegetable March Madness Bulletin Board</i>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	This is currently posted in our school.
<i>Create a Fruits March Madness Bulletin Board</i>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	This is currently posted in our school.
<i>Share students' favorite fruits and vegetables with the community.</i>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	This will be posted on the school's Facebook page once the activity has concluded.
Physical Activity Goals:	Meet	Partially Meet	Do Not Meet	NOTES

<i>Plan an open gym night for the public.</i>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	March 12, 2025 from 6:00 – 8:30 PM Open Gym/Basketball open to the community
<i>Hold a school-wide field day</i>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	June 12, 2025
<i>Host a Student vs Staff Basketball Game</i>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	February 27, 2025
Other school-based activities that promote student wellness Goals:	Meet	Partially Meet	Do Not Meet	NOTES
<i>Health Education Classes</i>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Scheduled weekly with Mrs. Dore
<i>Health Fair</i>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	May 22, 2025
<i>Snap. Ed Presentations in Classrooms</i>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Scheduled with Darcy Dana, Registered Dietitian with SNAP (Supplemental Nutrition Assistance Program)
Nutrition Standards for foods SOLD to students:	Meet	Partially Meet	Do Not Meet	NOTES
<i>Use the Smart Snacks Calculator: https://foodplanner.healthiergeneration.org/calculator/</i>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Students in the Student Council use the Smart Snacks calculator to select snacks for sale.
Nutrition standards for foods NOT SOLD/provided during the school day:	Meet	Partially Meet	Do Not Meet	NOTES
<i>Encourage students to drink water throughout the day.</i>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Students are encouraged to drink water with snacks and throughout the day. Water is available for purchase when snacks are sold and water bottles are provided.

Food & Beverage Marketing:	Meet	Partially Meet	Do Not Meet	NOTES
Does the policy only permit the marketing of food and beverages that meet federal smart snack guidelines?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	We don't do any marketing, but our policy only allows for Smart Snacks.
Triennial Assessment:	Yes	No	NOTES	
Every three years, the policy has been evaluated for compliance.	<input type="checkbox"/>	<input checked="" type="checkbox"/>	This did not happen previously, but the Superintendent will ensure this occurs going forward.	
The policy has been compared to the model policies guide at Alliance for a Healthier Generation. See https://api.healthiergeneration.org/resource/2	<input checked="" type="checkbox"/>	<input type="checkbox"/>	MSMA; The Alliance for a Healthier Generation policy guide was used to review the preamble, wellness policy members (ie, Council), accountability, nutrition services, physical activity, and activities that promote wellness. Smart Snacks requirements were recently added to our local wellness policy.	
A copy of the assessment is made available to the public.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	https://hsdgreenbush.org/parents-community/wellness	

Comments:

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